

Created February 2021

Post Title: Walking for Health, Project Co-ordinator

Grade: AP2 (£21,560.89-£23,300.93)

Location: Various Locations across North Ayrshire

Contract: 37 hours per week – Fixed term for 12 months

(flexibility to work weekends and evenings essential)

Role Definition

To coordinate, develop and deliver the 'Walking for Health' project across North Ayrshire, ensuring project outcomes are achieved.

This post is jointly funded by Paths for All (Walking for Health fund) KA Leisure, North Ayrshire Green Health Partnership and the North Ayrshire Health and Social Care Partnership.

Key Tasks and Responsibilities

Corporate Responsibilities

- 1. Ensure the provision of a customer focussed environment ensuring consistent, high quality delivery to our customers.
- Promote the Health and Safety of team members, customers, and others through the implementation of the Company Health and Safety Policy and arrangements in accordance with all relevant statutory requirements, and by performing a lead role in the creation and maintenance of a positive Health and Safety Culture.
- 3. Providing visible leadership to all team members, ensuring that they are motivated and operate at high levels of performance and efficiency.
- 4. Create by example an environment in which all team members work as a team to achieve their own and the Company's objectives.
- 5. Ensure positive promotion of Company facilities, activities delivered, and Company initiatives.
- Contribute to the ongoing development of procedures and practices associated with the role including updating relevant polices, guidance and associated documentation following changes to standards, regulations and/or legislation.
- 7. Maintain the confidentiality of Company and customer information conforming to the requirements of the Data Protection Act.





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- 8. Adopt a flexible attitude to your role at all times undertaking activities that assist the Company in maintaining a competitive advantage.
- 9. Undertake any other reasonably required duties as instructed by management or someone acting on their behalf, in addition to the role specific tasks and responsibilities detailed below.

Role Specific Tasks and Responsibilities

- 1. To proactively coordinate, develop and deliver the 'Walking for Health' project and ensure project outcomes are achieved.
- 2. Develop opportunities for people within the most deprived communities in North Ayrshire to become more active through walking.
- Work within Paths for All Framework together with Scottish Government to address needs and increase the number of people walking in North Ayrshire and improve wellbeing and prevent ill health.
- 4. Organise, promote, and deliver a range of walking activities within North Ayrshire communities ensuring that project outcomes are achieved.
- 5. To provide a supervisory role for Active Lifestyle Team members delivering walking opportunities within the 'Walking for Health' project.
- 6. Ensure the smooth integration of the 'Walking for Health' project as a referral pathway within the Active North Ayrshire Physical Activity Referral programme.
- 7. Establish and develop working relationships with key partner agencies, and attend meetings as required.
- 8. Respond to all 'Walking for Health' participants individually recognising personal preferences and circumstances.
- 9. Promote opportunity for participants to improve their mental health and wellbeing through walking and increase opportunities to address social isolation.
- 10. Maintain databases and records ensuring compliance with confidentiality and access.
- 11. Collation of data and statistical information for the 'Walking for Health' project reporting monthly statistics as required to Paths for All, the North Ayrshire Green Health Partnership and North Ayrshire Health and Social Care Partnership
- 12. Recruitment, development, and support of 'Walking for Health' Volunteers
- 13. Promote communication of the 'Walking for Health' programme including partners, volunteers, and participants.





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- 14. Undertake training which is deemed appropriate for the development of the 'Walking for Health' programme.
- 15. Understanding of relevant Health and Safety legislation, guidance, and safe systems of work.

Essential/Desirable Criteria

	Essential	Desirable	Evidence
Education and Qualifications	Qualification in Physical activity, health & wellbeing, fitness, environmental studies, community engagement or outdoor activity instruction	Qualification specific to mental health Paths for All Walk Leader and Strength and Balance Qualification	Application form and interview
Experience	Experience of coordinating or delivery within community engagement	Experience of coordinating, managing and developing a project. Experience of working with volunteers. Experience of working with adults or children experiencing poor mental health.	Application form and interview
Specialist Knowledge	Experience of community engagement	Knowledge of physical Activity Referral Programmes and the impact of physical activity on health and wellbeing	Application form and interview
Skills and Abilities	Ability to work flexibly to meet the needs of the business. Proficient in the use of IT		Application form and interview





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Vov Pohovioure	Professional and	Application form and
Key Behaviours	customer focussed.	• •
		interview
	approach	
	Enthusiastic,	
	motivated and	
	empathetic nature.	
	Desire for personal	
	development through	
	training opportunities.	
	Confident and	
	presents a	
	professional image.	
	Flexible, creative and	
	innovative	
Othor	Committed to	Application form and
Other	continuous	interview
		interview
	Improvement and	
	willingness to	
	undertake further	
	training as required	
	Ability to recognise	
	and maintain	
	confidentiality.	
	Ability to travel	
	throughout North	
	an oughout North	
	Ayrshire.	



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Competencies

Value	Competency	Level of Behaviour Required	
Managing Self	Planning, Organising & Decision Making		3
Managing Self	Self Development		2
Achieving Performance	Change		2
1 crioimance	Customer Focus		4
Achieving Performance Working with Others	Continuous Improvem	ent	4
	Delivering Results		4
	Communication		4
Working with			4
Others	Effective Working Rela	ationships	
	People Management		3