## SUMMER ACTIVIES 1ST JULY - 16TH AUGUST 2024





### **MEMBERSHIPS**

	MINI INSPIRE	JUNIOR INSPIRE	ELEVATE JUNIOR*
Age Group	2 - 4 Years	5 - 13 Years	12 - 15 Years
Cost (Monthly)	Standard <del>£</del> 20.00	Standard £25.00	Standard £20.30
	Access Plus £14.00	Access Plus £17.50	*Elevate Academy
	Learn to Swim Member £15.00	Learn to Swim Member £20.00	must be completed prior to gym and class
	Additional Sibling £15.00	Additional Sibling £20.00	use.
Free			All Youth Community Sport Activities
Participation	All Mini Community Sport Activities	All Junior Community Sport Activities	Fitness Suite
of	Activities	Sport Activities	Limited Class Programme
	Public Swimming	Public Swimming	Public Swimming
	Public Ice Skating	Public Ice Skating	Public Ice Skating
Access to		3 Golf Courses	3 Golf Courses
		Driving Range	Driving Range
		Running Track	Running Track
Additional			

Additional Benefits

20% Off Birthday Parties 70% Off Holiday Activities\* (Exceptions may apply)

#### What is Access Plus?

Access Plus provides lower prices for many KA Leisure activities, including swimming, skating, golf and fitness studios on either a casual or subscription basis. If you're eligible then you can register your child to the Inspire programme for a reduced price per month.

#### Who is eligible for Access Plus?

Individuals and families in receipt of benefits and allowances listed at **kaleisure.com/access-plus** 

#### Learn to Swim Discount

Children who are enrolled on our Learn to Swim Programme can sign up to Inspire for a reduced price per month. Simply speak to reception on sign up.

#### **Sibling Discount**

Register any additional sibling to the Inspire programme for a reduced price per month.



Unleash your child's creativity this summer at our Art Camp! Designed for young artists of all skill levels, our camp offers a vibrant blend of painting, sculpting, drawing, and more. With a focus on creativity and fun, our Art Camp is the perfect place for your child to discover the joy of art, make new friends, and create masterpieces they'll be proud of.

Sign up now and let your child's imagination soar this summer!

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Art with Michelle	09/07/2024	10/07/2024	10am - 12noon	Kilwinning CSH	5-13
Art with Lynn	16/07/2024	17/07/2024	10am - 12noon	Greenwood CSH	5-13
Art with Michelle	30/07/2024	31/07/2024	10am - 12noon	Largs, Vikingar	5-13
Art With Lynn	06/08/2024	07/08/2024	10am - 12noon	St Matthews CSH	5-13

£16.50 per week

Inspire: £4.95 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

AGE

5-13

For ASN Art information please see page 4.



Get ready for a summer of excitement and inclusion at our ASN-Friendly Multi-Sports Camp! Tailored for children with Additional Support Needs (ASN), our camps are the ideal setting for making new friends and exploring a passion for sports.

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
ASN Activity Camp	09/07/2024	11/07/2024	10.30am - 12.30pm	St Matthews CSH	5-9
ASN Activity Camp	09/07/2024	11/07/2024	1.30pm - 3.30pm	St Matthews CSH	10-15
ASN Activity Camp	23/07/2024	25/07/2024	10.30am - 12.30pm	Dalry CSH	5-9
ASN Activity Camp	23/07/2024	25/07/2024	1.30pm - 3.30pm	Dalry CSH	10-15
ASN Activity Camp	06/08/2024	08/08/2024	10.30am - 12.30pm	Greenwood CSH	5-9
ASN Activity Camp	06/08/2024	08/08/2024	1.30pm - 3.30pm	Greenwood CSH	10-15

£16.50 per week

#### Inspire: £4.95 per week

To reserve a space (No pre-payment needed) email **chamilton@kaleisure.com** 

AGE 5-15

### EVERY FRIDAY

ACTIVITY	START	DATE	END DATE	TIME	VENUE	AGE
ASN Soft Play	05/07	/2024	16/08/2024	6pm - 7.30pm	Dalry CSH	5-13
£4 per wee	ek		Inspire: F	REE	No pre-booking	required.

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
ASN Art with Lynn	17/07/2024	17/07/2024	12.30pm - 1.30pm	Greenwood CSH	5-13
ASN Art With Lynn	07/08/2024	07/08/2024	12.30pm - 1.30pm	St Matthews CSH	5-13

£4 per session

Parent support may be required. To reserve a space email **chamilton@kaleisure.com** (No pre-payment needed)

For ASN Swimming Lesson information please see page 16.

# BADMINFON

Experience the thrill of badminton this summer at our Summer Badminton Camps for kids aged 5 to 16! With coaches including former Scotland international, Eleanor O'Donnell, our camps promise an extraordinary opportunity for young enthusiasts to sharpen their skills. Eleanor's expertise and passion for the sport will inspire and elevate the players' techniques, from perfecting the serve to mastering the smash. Our camps are designed to develop skills, encourage sportsmanship, and foster a lifelong love for badminton. Don't miss out on this chance for your child to learn from one of the best and enjoy a summer filled with fun, friends, and feathers!

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Badminton Camp	09/07/2024	11/07/2024	10am - 2pm	Kilwinning Academy CSH	5-13
Badminton Camp	23/07/2024	25/07/2024	10am - 2pm	Portal	5-13
Badminton Camp	30/07/2024	01/08/2024	10am - 2pm	Garnock CSH	5-13
Badminton Camp	06/08/2024	08/08/2024	10am - 2pm	Largs CSH	5-13

£31.50 per week

Inspire: £9.45 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

Kids should bring a packed lunch, snacks and plenty to drink.

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Badminton Camp	23/07/2024	25/07/2024	2.30pm - 4.30pm	Portal	12-16

£16.50 per week

Inspire: £4.95 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

# BASKETBALL

Dribble, shoot, and score at our Summer Basketball Camps for kids aged 5 to 16! Our camps are the perfect place for young hoopsters to develop their basketball skills, understand the importance of teamwork, and boost their confidence on the court. Each session is filled with dynamic drills, exciting games, and friendly competitions designed to provide a comprehensive basketball experience. Whether your child dreams of becoming the next basketball star or just wants to have fun and make new friends, our Summer Basketball Camps are the ideal playground for a summer they'll never forget!

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Basketball Camp	16/07/2024	18/07/2024	10am - 2pm	Greenwood CSH	5-13
Basketball Camp	30/07/2024	01/08/2024	10am - 2pm	Kilwinning CSH	5-13

£31.50 per week

Inspire: £9.45 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

Kids should bring a packed lunch, snacks and plenty to drink.

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Basketball Camp	16/07/2024	18/07/2024	2.30pm - 4pm	Greenwood CSH	12-16
Basketball Camp	30/07/2024	01/08/2024	2.30pm - 4pm	Kilwinning CSH	12-16

£12 per week

Inspire: £3.60 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

# DRAMA

Are you ready to ignite your imagination, boost your confidence, and discover your hidden talents? This summer, North Ayrshire is the place to be for young aspiring actors and theatre enthusiasts! The Drama Camps are the perfect summer holiday escapade, offering a vibrant mix of acting, storytelling, improvisation, and performance arts.

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Drama with Ross	05/08/2024	07/08/2024	10am - 12noon	Greenwood CSH	5-7
Drama with Ross	05/08/2024	07/08/2024	12.30pm - 2.30pm	Greenwood CSH	8-13
Drama with Showworks	08/07/2024	10/07/2024	10am - 12noon Day 3: 10am - 2pm*	Garnock CC	5-7

£16.50 per week

Inspire: £4.95 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

AGE

5-13

\*Kids should bring a packed lunch, snacks and plenty to drink.

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Drama with Showworks	08/07/2024	10/07/2024	10am - 2.00pm	Garnock CC	8-13

£31.50 per week

Inspire: £9.45 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

Kids should bring a packed lunch, snacks and plenty to drink.

# FOOTBALL

Unleash your child's potential this summer at our Summer Football Camps! Open to kids aged 5 to 13, our camps are designed to foster a love for the game while promoting teamwork and sportsmanship. Under the guidance of our passionate coaches, young athletes will learn the fundamentals of football, from dribbling to scoring goals, in a fun and supportive environment. Our camps are not just about developing skills; they're about creating memories, building confidence, and making friends. So, lace up those boots and join us for an unforgettable summer on the pitch!

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Football Camp	01/07/2024	04/07/2024	10am - 2pm	Circuit	5-13
Football Camp	08/07/2024	11/07/2024	10am - 2pm	West Kilbride PS	5-13
Football Camp	15/07/2024	18/07/2024	10am - 2pm	Dalry PS CSH	5-13
Football Camp	22/07/2024	25/07/2024	10am - 2pm	Largs CSH	5-13
Football Camp	12/08/2024	15/08/2024	10am - 2pm	Circuit	5-13
Football Camp	12/08/2024	15/08/2024	10am - 2pm	Largs CSH	5-13

£42 per week

Inspire: £12.60 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

AGE

5-13

Kids should bring a packed lunch, snacks and plenty to drink.

## **DROP IN FOOTBALL**



Come on your own or bring your friends for an exciting game of football!

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Drop In Football with SSF	05/07/2024	09/08/2024	11am - 1pm	Circuit	12-16

#### **FREE ACTIVITY**

## YOUTH FOOTBALL CAMP



Develop your skills and techniques at camps aimed at youth club players.

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Youth Football Camp	29/07/2024	01/08/2024	10am - 2pm	Circuit	12-16

£42 per week

Inspire: £12.60 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

Kids should bring a packed lunch, snacks and plenty to drink.



# GYMNASTICS

This summer, Irvine Bay Gymnastics Club is thrilled to partner with us to present an exhilarating Gymnastics Summer Camp for kids aged 5 to 13! Join us for a season of fun, flips, and friendship, where young gymnasts will have the opportunity to learn from the best in a safe and supportive environment. Our camp offers a unique blend of professional coaching and community spirit, ensuring every child can explore their potential and excel in gymnastics. With a range of activities tailored to all skill levels, your child will not only improve their gymnastic abilities but also build lasting memories.

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Gymnastics Camp	09/07/2024	11/07/2024	10am - 2pm	St Matthews CSH	5-13
Gymnastics Camp	13/08/2024	15/08/2024	10am - 2pm	Dalry CSH	5-13

£31.50 per week

Inspire: £9.45 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

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# MULTI-SPORTS

Get ready for a summer filled with action and adventure at our Multi-Sports Camp! Designed for kids aged 5 to 13, our camp is the perfect place to make new friends and discover a love for sports. From the thrill of scoring a goal in football to the satisfaction of hitting a perfect shot in tennis, we offer a diverse range of activities to keep everyone active and engaged. Our experienced coaches are dedicated to creating a supportive and fun environment where every child can shine. Whether your child is a budding athlete or trying out sports for the first time, our Multi-Sports Camp is the place to be this summer!

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Multi-Sports Camp	01/07/2024	04/07/2024	10am - 2pm	Largs CSH	5-13
Multi-Sports Camp	08/07/2024	11/07/2024	10am - 2pm	Millport, Garrison*	5-13
Multi-Sports Camp	15/07/2024	18/07/2024	10am - 2pm	Dalry CSH	5-13
Multi-Sports Camp/Football	15/07/2024	18/07/2024	10am - 2pm	Arran High CSH	5-13
Multi-Sports Camp	22/07/2024	25/07/2024	10am - 2pm	St Matthews CSH	5-13
Multi Sports Camp	29/07/2024	01/08/2024	10am - 2pm	Greenwood CSH	5-13
Multi-Sports Camp	12/08/2024	15/08/2024	10am - 2pm	Largs CSH	5-13

£42 per week

Inspire: £12.60 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

Kids should bring a packed lunch, snacks and plenty to drink. \*For Millport bookings please email: chamilton@kaleisure.com

## MULTI-SPORTS @ DALRY



ACTIVITY	STAR	DATE	END DATE	TIME	VENUE	AGE
Morning Club	05/08/2024		08/08/2024	8.30am - 10an	n Dalry CSH	5-13
£15 per we	ek	Inspire: £4.50 per week kaleisure.com/holiday-activity				
ACTIVITY	STAR	DATE	END DATE	TIME	VENUE	AGE
Day Camp	05/08	05/08/2024 08/08/2024 10am - 2p		10am - 2pm	Dalry CSH	5-13
f42 per we	42 per week Inspire: £12.60 per week Pre-Booking required. Vis		. Visit:			

Kids should bring a packed lunch, snacks and plenty to drink.

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Afternoon Club	05/08/2024	08/08/2024	2pm - 5.30pm	Dalry CSH	5-13

£30 per week

Inspire: £9 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

kaleisure.com/holiday-activities

### YOUTH MULTI-SPORTS CAMP

A free multi-sport programme that uses the power of sport and physical activity to create a safe and inclusive environment for young people to be active and connect with local peers.



### **EVERY FRIDAY**

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Youth Multi-Sports Camp	05/07/2024	16/08/2024	2pm - 4pm	Lockhart Astrosturf, Stevenston	11-16

#### **FREE ACTIVITY**

## RUGBY

Get ready for an exhilarating summer with our partnership Camp with Irvine Rugby Club! Hosted at Irvine Sports Club, this camp is the perfect opportunity for kids aged 5-13 to dive into the dynamic world of rugby. Whether you're looking to learn the basics or sharpen your skills, the experienced coaches from Irvine Rugby Club are here to guide you through every tackle, try, and scrum.

## ACTIVITY START DATE END DATE TIME VENUE AGE Rugby Camp 16/07/2024 18/07/2024 10am - 2pm Irvine Sports Club 5-13

£31.50 per week

Inspire: £9.45 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

AGE

5-13

# GOLF

Suitable for all levels, our golf camps with Kevin Middlemiss Golf Academy can provide you with personalised and effective coaching that will take your game to the next level.



ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Golf Camp	08/07/2024	11/07/2024	10am - 12noon	Auchenharvie Golf Course	5-13

£22 per week

Inspire: £6.60 per week

Pre-Booking required. Visit: kaleisure.com/holiday-activities

# SOFT PLA

Get ready for an action-packed adventure at Dalry's Assault Course and Soft Play Session!

Perfect for kids looking for a thrilling challenge, our course is designed to test your agility, speed, and courage. Dive into fun with our soft play area, where laughter and joy bounce around every corner. Whether you're climbing, crawling, or conquering obstacles, there's something for everyone.

### EVERY FRIDAY

ACTIVITY	START DATE	END DATE	TIME	VENUE	AGE
Soft Play	05/07/2024	16/08/2024	10am - 11.30am	Dalry CSH	2-4
Soft Play	05/07/2024	16/08/2024	12noon - 1.30pm	Dalry CSH	5-7
Soft Play	05/07/2024	16/08/2024	2pm - 3.30pm	Dalry CSH	8-13

£4 per week

#### Inspire: FREE

No pre-booking required.

AGE

2-13

For ASN Soft Play information please see page 4.

## SWIMMING LESSONS

### **CRASH COURSE LESSONS**

Dive into summer with a splash by enrolling in our Group Crash Course Swimming Lessons! Open to swimmers of all levels, our program is designed to boost confidence and enhance skills in the water. With the guidance of our certified instructors, participants will learn essential swimming techniques, safety protocols, and the joy of making waves. Whether it's your child's first time in the pool or they're looking to improve their strokes, our friendly and supportive environment is the perfect place to make a big splash this summer. Join us for an unforgettable aquatic adventure that promotes fitness, fun, and friendship!

For more information including dates and times visit kaleisure.com/holiday-activities

### 1-TO-1 LESSONS

**Designed for children of all ages, our private lessons offer a tailored approach to swimming success.** Under the guidance of our expert instructors, your child will receive individualised coaching that focuses on their unique strengths and areas for improvement.

Secure a spot today for an unforgettable summer of one-on-one swim mastery!

For availability and booking visit kaleisure.com/holiday-activities

## ASN SWIMMING LESSONS

Embark on a summer of inclusive fun with our **Small Group Lessons** tailored for children with additional support needs. Alternatively, try our private **1-to-1 Lessons** where your child will receive individualised coaching based on their needs.

For availability and booking visit kaleisure.com/holiday-activities

## ROOKIE auchenharvie LIFEGUARD

### **AIMS OF THE COURSE**

RLSS UK's Rookie Lifeguard programme gives your child the skills they need to be confident in the pool or open water which means peace of mind for you. With fun varied activities, the Rookie Lifeguard scheme teaches children how to enjoy water safely, whether in shallow or deeper water. Built into the program are lessons in valuable survival, rescue and sports skills delivered in an exciting way that will get children involved and motivated. Applicants should be in Swim Skills 3 or above within KA Leisure LTS program and confident in deep water.

#### REQUIREMENTS

Swim 2 lengths on front and back. Tread water for 30 seconds and climb from pool unaided. Pre Entry test (wearing swimming costume and shorts and t-shirt) will be required. Parents must be in attendance as well as the child for a briefing from the instructor. On the day of the course any child attending should bring a packed lunch, shorts and t-shirt to wear in water (ideally two sets). Goggles will not be permitted so children must be comfortable swimming without. Pre Entry test to be held week prior to course.

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ACTIVITY	COURSE DATE	COURSE TIME	COMPETENCY TEST DATE	COMPETENCY TEST TIME
Rookie Lifeguard	09/07/2024	9am - 4pm	03/07/2024	твс
Rookie Lifeguard	16/07/2024	9am - 4pm	10/07/2024	твс
Rookie Lifeguard	30/07/2024	9am - 4pm	25/07/2024	TBC
SILVER				
Rookie Lifeguard	06/08/2024	9am - 4pm	Must have completed Bronze	

9am - 4pm

#### BRONZE

Cost: £12.50

13/08/2024

**Rookie Lifeguard** 

To book please contact Auchenharvie reception on 01294 605126

Must have completed Bronze

AGE

# ELEVATE ACADEMY

Elevate Academy is a 4-day programme providing 12-15-year-olds with an introduction to a Gym Environment. These sessions will provide information on how to exercise safely and effectively whilst looking to Inspire, Educate and Challenge the Future Generation.

On completion of the course, members will receive one free month membership to kickstart their fitness journey. 12–15-year-olds MUST complete this course before they are able to take out an E:Active Junior membership.

DATES	AUCHENHARVIE	PORTAL	VIKINGAR	WALKER HALL
Mon 1st July – Thu 4th July	12pm – 1pm	2pm – 3pm	3pm – 4pm	11.30am - 12.30pm
Mon 8th July – Thu 11th July	12pm – 1pm	2pm – 3pm	3pm – 4pm	11.30am – 12.30pm
Mon 15th July – Thu 18th July	12pm – 1pm	2pm – 3pm	3pm – 4pm	11.30am - 12.30pm
Mon 22nd July – Thu 25th July	12pm – 1pm	2pm – 3pm	3pm – 4pm	11.30am – 12.30pm
Mon 29th July – Thu 1st August	12pm – 1pm	2pm – 3pm	3pm – 4pm	11.30am – 12.30pm
Mon 5th August – Thu 8th August	12pm – 1pm	2pm - 3pm	3pm – 4pm	11.30am - 12.30pm
Mon 12th August – Thu 15th August	12pm – 1pm	2pm – 3pm	3pm – 4pm	11.30am – 12.30pm

Cost: £40

# Vikingar!

### Battle of Largs Heritage Centre

## What is the Vikingar! Visitor Attraction

Vikingar! is an exciting, interactive, hands-on Viking and Scottish heritage and cultural centre, with real Viking storytellers, who will invite you into their replica 8th-century Norwegian Longhouse (where it all began) and as you sit under the flickering lights, you will experience a day in the life of a Viking over 1000 years ago.





THE SPROJECT WAS PART-FUNDED BY THE EUROPEAN COMMUNITY aropean Regional Development Fund (1) 1994-96 Programme (2)

### A great day out for **all** the family



### Join a world of interactive games built to encourage physical activity!

MultiBall is the world's first mixed reality sports gaming platform. It cleverly combines real-life physical activity with gaming, using touch-sensitive projections.

Pre-Booking required. Visit: kaleisure.com/holiday-activities



FREE

SESSIONS AVAILABLE

### FREE SUMMER Swimming and Skating

### **MONDAY - FRIDAY**

**One free adult swim with all under 8s.** (Dates and time restrictions apply).



### ASN FREE PUBLIC Swimming and Skating sessions

AGE

Introducing our brand-new Free Public Swimming and Skating Sessions for children with Additional Support Needs (ASN) this summer! Funded by North Ayrshire Council, we're thrilled to offer these specially designed activities to bring joy, health, and a splash of adventure to your child's summer days.

## SUMMER FUN SESSIONS

Get ready for a season of endless fun at our community swimming pools! We're excited to announce a variety of fun-filled sessions throughout the summer that are perfect for everyone!

#### Supported by North Ayrshire Council





Management has the right to refuse admission and the 'free swim' cannot be used in conjunction with any other KA Leisure offer. Pool admission rules apply.