

GARNOCK VALLEY

COMMUNITY SPORT CLASSES

	CLASS	AGE	TIME	VENUE
MON	Multi Sports / Dodgeball	5 - 13 yrs	5.30pm	Dalry CSH
	Dalry Athletics Academy	5 - 13 yrs	6.30pm	Dalry CSH
	Adult Recreational Badminton	16+	6.30pm	Dalry CSH
TUE	Pre-School Dance Academy	2 - 5 yrs	1.00pm	Beith CC
	Winslow School of Art and Design	5 - 13 yrs	5.30pm	Dalry CSH
	Mini Kickers - Football	3 - 4 yrs	5.45pm	Dalry CSH
	Dalry Football Academy	5 - 13 yrs	6.30pm	Dalry CSH
	Young Voices (Starting 22/10)	5 - 13 yrs	6.30pm	Garnock CC
	Winslow School of Art and Design	16+	7.00pm	Dalry CSH
WED	Balanceability	3 - 7 yrs	5.45pm	Dalry CSH
	Smash In2 Badminton	5 - 13 yrs	6.00pm	Garnock CC
	Adult Social Badminton	14+	7.00pm	Garnock CC
	Dalry Basketball Academy	5 - 13 yrs	7.00pm	Dalry CSH
THU	Garnock Basketball Academy	5 - 13 yrs	5.00pm	Garnock CC
	Mini Dance	Walk - 4 yrs	5.00pm	Dalry CSH
	ASN Dance	5 - 13 yrs	6.00pm	Dalry CSH
FRI	Mini Explorers	Walk - 4 yrs	5.00pm	Dalry CSH
	ASN Assault Course and Fun Activities	5 - 16 yrs	6.00pm	Dalry CSH
SAT	Inspire Gymnastics	P1 - 4	9.00am	Dalry CSH
	Inspire Gymnastics	P5 - 7	10.15am	Dalry CSH
	Pre-School Drama with Showworks Theatre	3 - 4 yrs	9.30am	Garnock CC
	Drama with Showworks Theatre	5 - 7 yrs	10.00am	Garnock CC
	Drama with Showworks Theatre	8 - 13 yrs	10.45am	Garnock CC

PRE BOOKING REQUIRED.

All classes £4 per week* or included with an Inspire Membership.

For more information email sport@kaleisure.com. To book scan the QR Code.

*Some exceptions apply



KILWINNING

COMMUNITY SPORT CLASSES

	CLASS	AGE	TIME	VENUE
MON	Kilwinning Basketball Academy	5 - 7 yrs	6.30pm	Kilwinning CSH
	Kilwinning Basketball Academy	8 - 13 yrs	7.30pm	Kilwinning CSH
TUE	Smash In2 Badminton	7 - 13 yrs	6.00pm	Kilwinning CSH
WED	Winslow School of Art and Design	5 - 7 yrs	6.00pm	Kilwinning CSH
	Winslow School of Art and Design	8 - 13 yrs	7.15pm	Kilwinning CSH
FRI	Friday Fun Football Academy	5 - 13 yrs	5.00pm	Kilwinning CSH

PRE BOOKING REQUIRED.

All classes £4 per week* or included with an Inspire Membership.

For more information email sport@kaleisure.com. To book scan the QR Code.

*Some exceptions apply



THREE TOWNS

COMMUNITY SPORT CLASSES

	CLASS	AGE	TIME	VENUE
MON	Street Dance	10+	4.30pm	St Matthews CSH
	Inspire Art with Lynn McNally	5 - 7 yrs	6.00pm	St Matthews CSH
	Inspire Art with Lynn McNally	8 - 13 yrs	7.15pm	St Matthews CSH
TUE	Come and Play Football	5 - 13 yrs	4.15pm	West Kilbride PS
	Mini Kickers - Football	3 - 4 yrs	6.00pm	St Matthews CSH
	Young Voices (Starting 22/10)	5 - 13 yrs	6.00pm	St Matthews CSH
	St Matthews Football Academy	5 - 13 yrs	7.00pm	St Matthews CSH
WED	Men's Walking Football	40+	7.00pm	St Matthews CSH
THU	Irvine Bay Gymnastics Club	5 - 8 yrs	5.00pm	St Matthews CSH
	Irvine Bay Gymnastics Club	5 - 8 yrs	6.15pm	St Matthews CSH
	Irvine Bay Gymnastics Club	8 - 13 yrs	7.30pm	St Matthews CSH
SAT	ASN Football / Multi Sport	5 - 13 yrs	10.00am	St Matthews CSH

PRE BOOKING REQUIRED.

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*Some exceptions apply



LARGS & NORTH COAST

COMMUNITY SPORT CLASSES

	CLASS	AGE	TIME	VENUE
MON	Largs Athletics Academy	5 - 13 yrs	6.00pm	Largs CC
	Smash In2 Badminton	8 - 13 yrs	7.00pm	Largs CC
	Adult Raquet Sport	16+	8.00pm	Largs CC
TUE	Come and Play Football	5 - 13 yrs	4.15pm	West Kilbride PS
	Street Dance / Hip Hop	5 - 13 yrs	4.45pm	Vikingar!
	Largs Football Academy	5 - 7 yrs	6.00pm	Largs CC
	Largs Football Academy	8 - 13 yrs	7.00pm	Largs CC
	Largs Basketball Academy	8 - 13 yrs	8.00pm	Largs CC
WED	Dodgeball and Rounders - Multi-Sports	5 - 13 yrs	6.00pm	Largs CC
	Largs Multi Sports Club	5 - 13 yrs	7.00pm	Largs CC
	Social Basketball 14 +	14+	8.00pm	Largs CC
THU	Skelmorlie Football Academy	5 - 13 yrs	3.15pm	Skelmorlie PS
FRI	Fairlie Football Academy	5 - 13 yrs	3.15pm	Fairlie PS
	Winslow School of Art and Design	5 - 13 yrs	5.45pm	Vikingar!
SAT	Mini Kickers Football	3 - 4 yrs	9.00am	Largs CC
	Come & Play Football	5 - 13 yrs	10.00am	Largs CC

PRE BOOKING REQUIRED.

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PORTAL

COMMUNITY SPORT CLASSES

	CLASS	AGE	TIME	VENUE
MON	Mini Explorers - Play & Discover	Walk - 3 yrs	10.45am	The Portal
	Mini Explorers - Play & Discover	3 - 4 yrs	11.45am	The Portal
	Adult Social Pickleball	14+	1.00pm	The Portal
	Jnr Dance	5 - 10 yrs	4.00pm	The Portal
WED	Mini Movers - Gymnastics	3 - 5 yrs	10.00am	The Portal
	Adult Social Badminton	14+	11.00am	The Portal
	FAB - Gymnastics	Walk - 3 yrs	11.15am	The Portal
	Adult Recreational Badminton	16+	12.00pm	The Portal
	Mini Movers - Gymnastics	3 - 5 yrs	1.00pm	The Portal
	Mini Movers - Gymnastics	3 - 5 yrs	2.00pm	The Portal
	Inspire Rugby with Irvine Rugby Club	P1-3, P4-5, P6-7	6.30pm	Irvine Sports Club
THU	FAB - Gymnastics	3mths - Walk	10.00am	The Portal
	FAB - Gymnastics	3mths - Walk	11.15am	The Portal
	Smash In2 Badminton	8 - 13yrs	6.00pm	The Portal
	Social Badminton 14+	14+	7.00pm	The Portal
FRI	FAB - Gymnastics	Walk - 3 yrs	10.00am	The Portal
	FAB - Gymnastics	3mths - Walk	11.15am	The Portal
	Mini Movers - Gymnastics	3 - 5 yrs	1.00pm	The Portal
	Mini Movers - Gymnastics	3 - 5 yrs	2.00pm	The Portal
	Street Dance	5 - 13 yrs	4.15pm	The Portal
	Multi Sports Club	5 - 13 yrs	4.00pm	The Portal

PRE BOOKING REQUIRED.

All classes £4 per week* or included with an Inspire Membership.

For more information email sport@kaleisure.com. To book scan the QR Code.

*Some exceptions apply



THE CIRCUIT & GREENWOOD CSH

COMMUNITY SPORT CLASSES

	CLASS	AGE	TIME	VENUE
MON	Men's Walking Football (Fully Booked)	40+	4.00pm	The Circuit
	Circuit Football Academy	5 - 13 yrs	4.00pm	Circuit Indoor Pitch
	Mini Kickers - Football	3 - 4 yrs	5.15pm	Circuit Indoor Pitch
	Phoenix Hockey	5 - 13 yrs	5.30pm	Greenwood CSH
	Irvine Sharks Basketball	12 - 15 yrs	6.00pm	Greenwood CSH
	Irvine Sharks Basketball	8 - 13 yrs	7.00pm	Greenwood CSH
TUE	Inspire Drama with Ross	5 - 7 yrs	6.00pm	Greenwood CSH
	Inspire Drama with Ross	8 - 13 yrs	7.15pm	Greenwood CSH
WED	Circuit Football Academy	5 - 7 yrs	4.00pm	Circuit Indoor Pitch
	Circuit Football Academy	8 - 13 yrs	5.00pm	Circuit Indoor Pitch
THU	Men's Walking Football (Fully Booked)	40+	10.00am	The Circuit
	Winslow School of Art and Design	5 - 7 yrs	6.00pm	Greenwood CSH
	Winslow School of Art and Design	8 - 13 yrs	7.15pm	Greenwood CSH
SAT	Men's Walking Football (Fully Booked)	40+	10.00am	The Circuit
SUN	Irvine Sharks Basketball	16+	2.30pm	Greenwood CSH

PRE BOOKING REQUIRED.

All classes £4 per week* or included with an Inspire Membership.

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*Some exceptions apply



AGE 14+

ADULT CLASSES

	CLASS	AGE	TIME	VENUE
MON	Adult Social Pickleball	14+	1.00pm	Portal
	Adult Recreational Badminton	16+	6.30pm	Dalry CSH
	Adult Racquet Sport	16+	8.00pm	Largs CC
TUE	Winslow School of Art and Design	16+	7.00pm	Dalry CSH
WED	Adult Social Badminton	14+	11.00am	Portal
	Adult Recreational Badminton	16+	12.00pm	Portal
	Adult Social Badminton	14+	7.00pm	Garnock CC
THU	Adult Social Badminton	14+	7.00pm	Portal
SUN	Irvine Sharks Basketball	16+	2.30pm	Greenwood CSH

For more information or booking email sport@kaleisure.com

	CLASS	AGE	TIME	VENUE
MON	Men's Walking Football (Fully Booked)	40+	4.00pm	The Circuit
WED	Men's Walking Football	40+	7.00pm	St Matthews CSH
THU	Men's Walking Football (Fully Booked)	40+	10.00am	The Circuit
SAT	Men's Walking Football (Fully Booked)	40+	10.00am	The Circuit

For more information or booking email chamilton@kaleisure.com

PRE BOOKING REQUIRED.

All classes are included in an adult membership for more information email sport@kaleisure.com or please contact **01294 315120**.

Book via the KA App